

# HOW TO MAKE PLASTERITE

PLASTER ORGONITE

LIFE FORCE ENERGY

A TOOL OF LIGHT FOR FREE

# NEEDED

- ◉ A BUCKET
- ◉ A WHISK
- ◉ WATER
- ◉ PLASTER
- ◉ SAND
- ◉ HIMALAYA SALT
- ◉ CRYSTALS OR CRYSTAL POWDER

# QUANTITIES

(FOR ONE LITRE OF WATER)

- **FILL THE BUCKET WITH WATER** **1000 ML**
- **ADD HIMALAYA SALT** **1 SPOON**
- **ADD PLASTER** **800 ML**
- **ADD SAND** **250 ML**
- **MIX**
- **POUR IN A FORM**
- **IF YOU WANT TO , BUT NOT MANDATORY,PUT IN A CRYSTAL IN THE CENTRE, ADD HERBS, ENERGIES OR FREQUENCIES YOU WANT TO BROADCAST.**

# EXTRA

- **MATERIALS FOR BENEFICIAL EFFECTS**
  - **ADD THESE IF YOU WISH IN SMALL QUANTITIES**
  - **NOT NEEDED BUT ENHANCE THE MIX**
- 
- **ZEOLITE**
  - **CRYSTAL POWDERS**
  - **ETHERIC OILS**
  - **GEMSTONES FOR SPECIFIC NEEDS**
  - **SHUNGITE**
  - **ETC.....**

# TIPS

- ✓ **PLASTER IS ALSO CALLED SELENITE**
- ✓ **INSTEAD OF REAL CRYSTALS YOU CAN PUT CRYSTALS IN WATER AND JUST USE THAT WATER - SAME EFFECT**
- ✓ **USE NATURAL MATERIALS ALL THE TIME**
- ✓ **USE PAINT TO MAKE THE OBJECT MORE DURABLE**

# A VISUAL WALK THROUGH

**GOOD TO USE BUT NOT ESSENTIAL ARE**

- **SEA WEED**
- **SEA SHELLS**
- **ROSE QUARTZ**

# MATERIALS

## PLASTER OF PARIS ( selenite )





**SAND**

**USE BEACH SAND OR NATURAL SAND  
WITH QUARTZ ETC**





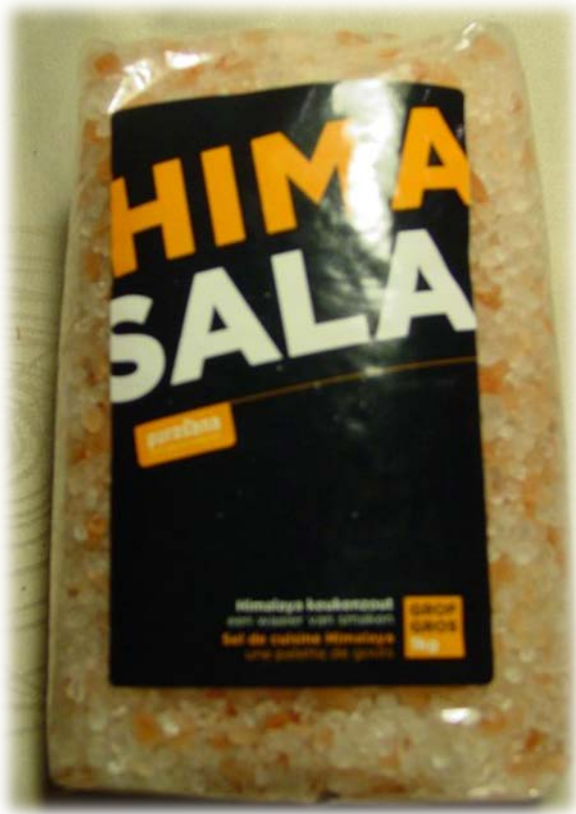
# RATIO WATER: PLASTER



**USE OLIVE OIL BEFORE THE PLASTERITE IS PUT IN  
FOR EASY RELEASE**



# HIMALAYA SALT





# BUCKET AND WHISK



**PLASTER**



**SAND**





RATIO PLASTER : SAND 30 %



# CRYSTALS & ROSE QUARTZ





# SEA SHELLS



# ETHERIC OILS



# ZEOLITE





# SEA WEED













